

For Foundation Course VII Fall 2015

For Foundation Course VII Fall 2015 you will need to obtain the items listed below before August 17. You will use these items throughout your four years. Please be advised that open, partly open or soft toed shoes (sandals/water/running/tennis) are not to be worn in any lab or hospital (OSHA and Cornell regulations).

Materials

- **Lab Coats (minimum 1):** You must have **NAVY BLUE, SHORT SLEEVED, HIP LENGTH- LAB COAT**. These lab coats are to be worn in CPS, and during any other CUHA experience. These are in addition to coats that are required in Block I dissection labs. You may not wear soiled coats or one smelling of formalin in CUHA or in your CPS shifts.
- **Scrubs** (minimum two sets): **LIGHT BLUE (CEIL) SCRUBS** are required apparel in all small animal and exotic labs. Scrubs can be purchased at medical apparel stores, on line stores, or in the CUHA Materials Warehouse (253-3158, 8am-4pm weekdays) after you arrive in Ithaca.
- **Coveralls** (minimum two): You must have **NAVY BLUE, SHORT-SLEEVED coveralls**, to be worn in all large animal labs and experiences in the large animal clinic.
- **Heavy-duty Barn Boots/shoes:** Footwear worn in the large animal clinic must be sturdy, leather, work or hiking-type boots or shoes. Tennis shoes are not acceptable. Aim for comfort, durability, and ability to stand up to many trips through foot baths (since we dip our feet between patients, between barns, etc.)
- **Waterproof (rubber or PVC) Knee Length Rubber Boots:** Required for bovine, sheep, swine and camelid labs, as well as for all work with the ambulatory service. We recommend an over-the-shoe, pull-on boot that will fit over your barn boots/shoes (described above). Over the shoe boots are most convenient when changing before and after lab, and are most protective of your feet; however, rubber or PVC boots that do not fit over shoes (Muck Boots, Servus, etc.) are also acceptable.

- **Stethoscope:** You must have a stethoscope to use in your first lab (week of August 17, 2015). It's ideal to "test drive" several brands and models before purchasing so visit a medical supply store in person, if you can. If you are shopping on-line, make certain there is a return policy in case your first choice is not perfect for you. Consider asking local veterinarians, friends, and upper classmates for a "loaner" so that you can take your time making a purchase decision.

If you decide to buy now, do not waste money on an inexpensive drug store model! Choose from an established company such as Littman, Welch Allyn, Tycos, etc. where you can purchase an excellent stethoscope for \$75 to \$300+. Once you have decided on a particular stethoscope model, the most important option to consider is size of the head/chest piece. Neonatal or pediatric heads are great for puppies, small dogs, cats, and exotic species. Full size heads are necessary for work with large animals. It may be wise to start out with a standard (full size) head/chest piece so that you are prepared for the variety of species you will be caring for during your veterinary education.

- **Wrist Watch:** You must wear a wrist watch in all live animal labs. Your cell phone is not a substitute! Choose a band that is water resistant since you will be washing your hands many times a day.
- **Penlight:** Can be purchased in the CUHA Materials Warehouse (253-3158)